



VUT

Vaal University of Technology

Your world to a better future

Student Support Services: Student Counselling & Support

for Prospective Students

2014 for 2015

CAREER COUNSELLING

The aim of Career Counselling is to enable registered and prospective students to make realistic career decisions and to choose the most suitable academic course based on their aptitude, interests and personality. Prospective students liaise with our department to enable them to make appropriate subject (Grade 9) and career (Grade 11 and 12) choice decisions.

When planning your career, you need to have a clear picture of what you want, and what is required of you. The key to planning your career (or determining your field of study/course) is in finding the right occupation that will use your talents to the best advantage. This will be influenced by your general attitudes and motivations. Therefore, it becomes important to be aware of your attitudes to yourself, learning, work, people and money. In other words, self-knowledge will allow you to gain insight into who you really are so that you can choose what is RIGHT FOR YOU. To make INFORMED career choices in line with your personal competencies, preferences and to pursue training for which you are eligible and well suited, you need to be aware of your own potential and gain as much career knowledge as possible. This process may start as early as your Grade 9 year, to ensure that your Grade 12 subjects are relevant to your chosen course or field of study. You can then set about choosing a career by MATCHING your personal characteristics, qualifications (subjects) and circumstances with those required in your chosen field.

A few things you need to know about yourself in order to make the right career/course/subject decisions, are:

- your personal qualities (the things which make you unique);
- your abilities and aptitudes (that which you can do);
- your aspirations (the goals that you would like to achieve);
- your needs (the requirements you have); and
- your values (that which you believe in doing).

Therefore, Student Counselling and Support Services could assist you to:

- gather relevant information about yourself and the world of work;
- developing a picture of your talents, interests, values and preferred life-style; and
- exploring and making realistic and informed subject/course/career decisions, based on this information and insight.

Furthermore, students and learners need to take note that the career and subject choice counselling processes are processes consisting of three sessions, namely:

- the initial interview (40 - 60 min), for example determining what you want to achieve through the career counselling;
- psychometric testing (approximately 5 hours); determining your interests, aptitudes, work-related strengths, weaknesses and preferences; and
- feedback session (40 - 60 min), giving feedback about assessment outcomes and discussing the outcomes with you (Parents are welcome to sit in on the interview).

Procedure to follow to arrange for counselling:

- Phone (016) 950 9244 or visit us at P021 .
- An initial interview will be arranged, then a R550.00 payment must be made at the administration building and the invoice forwarded to Student Counselling. Once the proof of payment is received by the department, then bookings will be made for psychometric testing.
- After the psychometric testing a follow-up session will be scheduled to discuss the test results.



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Appointment

Date: _____

Time: _____

Counsellor: _____

Costs: R _____

As an enrolled student the following services are available free of charge:

- Change of course/subject;
- Career choice;
- Personal problems; and
- Life-skills training.

Career Assessment and Counselling for Grade 10, 11 & Grade 12 Learners

TIME : 08:30

DURATION : 5 hours

AMOUNT : R550.00 (VAT included)

COST CODE : 4220 5460

CONTACT DETAILS
STUDENT COUNSELLING AND SUPPORT
VAAL UNIVERSITY OF TECHNOLOGY
TEL. NO.: (016) 950 9244
Room P021